



## **Natural Family Planning Guide: By family planning coaches**

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# Natural Family Planning Guide: By family planning coaches

*Paul and Claire Montrouge*

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Présentation de l'éditeur

We are private coachs in natural family planning. Facing so many questions, we have decided to integrate our knowledge and experience of this field into a convenient en low-cost e-book. A practical, straight-forward guide, with testimonies from many readers and furter customers.

We are answering to the questions your are asking to yourself :

What are those methods (Ogino, billings ...)

Are they reliable ?

How can i put them safely in place ?

Are they heavy to carry daily ?

What is important to take care about ?

A few testimonies from those who bought the book :

Thanks to your guide, my husband and I dared make the great leap into natural planning. Now it is a habit. The methods are presented very clearly, we gained a lot a confidence.

Ann

I needed information on the reliability of the methods, to get them with no risk, as my boyfriend wanted no children soon. Everything has gone well, we handed the keys in a few hours.

Deborah

I offered this guide to my fiancée before our wedding. It was useful to better know our bodies.

Rafik

It is cost-less compared to the value you get in exchange. I have not been disapointed, the practical sheets are very useful.

Thanks !

Fred

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