



Nefertiti también usaba mascarilla



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Ángela Bravo Hernández

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The beauty tricks and secrets of Cleopatra, Nefertiti, Sissi and Madame de Pompadour. Simple ointments, formulas and recipes that you can prepare at home with amazing results. Some scientific studies claim that the people with best skin in the entire world are the Eskimos and cloistered nuns. The desire to stay young is innate to the human being, Nefertiti Also Used Face Mask tells us that men and women from very different cultures and eras also tried to enhance their beauty and stop the aging clock. The author analyzes the evolution of the concept of beauty through human history, over the centuries, and reveals the boudoir and seduction secrets of legendary women like Salome, Lucrezia Borgia, Countess Bathory or Empress Sissi. This book takes us to deserts and enigmatic harems, and teaches us the customs and traditions of some ancient societies. Angela Bravo shares with us the most popular ways to care for the skin, hair and hands, and she also gives us fully detailed explanations about how Cleopatra and Popea prepared their baths; she reveals how to prepare these relaxing, healing, beauty and spiritual baths. She describes some of the elixirs of Nostradamus and Paracelsus and gives us a tour through the history of perfume: its different types and formulas, the essences of Madame Pompadour, Jezebel, Venus, and the most esoteric and aphrodisiac scents."

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About the Author

Angela Bravo studied Law at the Universidad Autonoma de Madrid, and Dramatic Arts at the Conservatorio de Madrid and at the acting schools of Jesus Aladen and Jorge Eines. She has published several monographs on the history of beauty in publishing companies such as Alianza Editorial. Currently, she works in the field of advertising and mass media. She has written several newspaper articles and travelogues. You can meet her at: <http://angelabravo.es/>

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